

Overnight Oatmeal



Ingredients:

4 cups oatmeal

4 cups applesauce

Vanilla and Cinnamon to taste

1/2 cup Fresh or frozen fruit

Directions:

Mix together oatmeal, applesauce, vanilla and cinnamon

Pour fruit into 5 pint jars

Pour oatmeal mix on top

Store in refrigerator overnight.

Serve cold or warm.

Yields 5 pints

Keeps for several days