

Navigating Cancer Survivorship



Who? For any cancer diagnosis: patients, caregivers, family members, friends and professional providers are welcome to attend this **FREE** event.

When? Saturday June 11, 2016 10:00 am - 1:00 pm

Where? 14959 NE 95th Street, Redmond, WA 98052*
800-574-5703

Agenda

9:30-10:00 am - Registration

10:00-11:00 am - "Emotional Effects of Living with Cancer" with Bruce Gimplin, LICSW

11:00 - 11:15 am - Break

11:15 -12:15 pm - "Stress, Relaxation and Self Care" with Roger Moore, PhD

12:15 -12:45 pm - Cancer Survivor Panel and discussion

12:45-1:00 pm - Closing remarks, evaluations and handouts

Please register for this event by calling 206-709-1400 or toll-free at 1-866-200-2383.

Our Speakers

Bruce Gimplin, LICSW, is a psychotherapist and counselor in Private Practice in Seattle, who specializes in helping individuals, couples and families touched by cancer and other life-changing and chronic illnesses. He has worked as an oncology social worker in medical centers and has facilitated support groups for Cancer Pathways.

Roger Moore, PhD, is a Certified Counselor and Registered Hypnotherapist with 40 years of specializing in stress management techniques and medical hypnosis. He is the author of *Becoming Slender for Life* and the creator of **Hypnosis Health Info**. Roger has offices on Bainbridge Island and in Seattle and Forks. He also works closely with the Peninsula Cancer Center.

