

Click here for Details and Registration: <http://budurl.com/CCSTRMIH>

Curriculum

Cancer Care Support Training

Hypnosis and Mindfulness as an Integrative Approach

With Kelley T. Woods & Roger Moore

NOTE: Schedule subject to improvement

Saturday, October 8, 2016

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|--------------------|--|
| *9:30 – 10:00 AM** | Welcome and Introductions |
| 10:00 – 10:15 | Making the Case for Cancer Care Support Hypnosis <ul style="list-style-type: none">• Cancer prevalence• Efficacy for hypnosis for cancer |
| 10:15 – 10:30 | Self-care for the Hypnotherapist |
| 10:30 - 10:45 | Break |
| 10:45 – 11:00 | What do you say? <ul style="list-style-type: none">• How to talk to someone about cancer• The words you use and don't use |
| 11:00 – 11:30 | Sourcing Clients ~ How and where to attract them <ul style="list-style-type: none">• Consumer• Healthcare professionals• Terminology |
| 11:30 – 12:30 | Assessing Client Needs <ul style="list-style-type: none">• Assessment• Heart Centered Listening<ol style="list-style-type: none">1. Children2. Experiential Exercise3. Discussion |
| 12:30 – 1:30 | Lunch on your own |

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1:30 – 2:00	Use of Hypnosis Scripts and Inductions
2:00 – 3:00	Transformational Language <ul style="list-style-type: none">• Matching Client's – Utilization• Metaphor Use• Reframing<ol style="list-style-type: none">1. Pain to Discomfort2. Comfort Scale
3:00 – 3:15	Break
3:15 – 4:00	Normalizing Emotions <ul style="list-style-type: none">• Anger, hurt, fear and sadness• Post Traumatic Growth• Blame
4:00 – 4:30	<i>Greatest Expression of You</i> process <ul style="list-style-type: none">• Neuroplasticity
4:30 – 5:15	Working from the bottom up <ul style="list-style-type: none">• Mindfulness• Body Parts
5:15 – 5:30	Discussion and Q & A

*All times are Pacific Daylight Time

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Sunday, October 9, 2016

- *9:30 – 9:45 AM** Discussion and Q & A
- 9:45 – 10:45 Symptom Management Mastery
- Pain
 - Object Imagery
 - Side Effects of Treatment
 1. Nausea
 2. Brain Fog
 3. Itching
 4. Fatigue
 5. Mood swings
 6. Loss of appetite
 7. Pre and Post Surgery
- 10:45 – 11:00 Break
- 11:00 – 12:30 Enhancing Treatment
- Chemo Enhancement
 - Boosting/Enhancing Immune System
 - Psychoneuroimmunology
 - Memory Care
- 12:30 - 1:30 Lunch on your own
- 1:30 – 2:15 Ego Strengthening techniques
- Helplessness/Powerlessness/Hopelessness
 - Effects of stress, depression, isolation
 - Boundary setting - dealing with family & friends
- 2:15 – 2:45 Grief and loss
- Loss of abilities
 - Work
 - Relationships
- 2:45 – 3:00 Break

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3:00 – 4:00	Sexuality <ul style="list-style-type: none">• Changes to sex & sexuality• Body image
4:00 – 4:30	Reentry <ul style="list-style-type: none">• After cancer then what?• Relationships• Roles• Work
4:30 – 5:15	Death & Dying <ul style="list-style-type: none">• Spirituality• Death Rehearsal
5:15 – 5:30	Discussion and Q& A

**All participants will receive an
eTraining Manual PDF**

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