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January 30, 2019

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Jennifer Abbasi

JAMA. 2019;321(7):633-635. doi:10.1001/jama.2018.20798

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With interest growing in natural therapies, the popularity of probiotics is on the rise. In 2012, almost **4 million US adults** reported using **probiotics or prebiotics**—4 times more than in 2007. Probiotics were used in more than 50 000 **hospitalizations** in 139 US hospitals in 2012. And last year alone, US consumers spent an estimated **\$2.4 billion** on the supplements.

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Eric J. de Muinck, mSystems, 2017

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